



CLAPPING SYLLABLES & MUSIC TEMPOS

English Language Arts

INSTRUCTIONAL OBJECTIVE(S):

- Students find rhythm in music by clapping.
- Students find rhythm in language by clapping syllables.
- Students coordinate mind/body in memory.

STANDARDS MET: **Common Core**

Phonological Awareness:

CCSS.ELA-LITERACY.RF.K.2

Demonstrate understanding of spoken words, syllables, and sounds (phonemes).

CCSS.ELA-LITERACY.RF.K.2.A

Recognize and produce rhyming words.

CCSS.ELA-LITERACY.RF.K.2.B

Count, pronounce, blend, and segment syllables in spoken words.

MATERIALS:

- Handout (clapping animals)
- **Mindful Music PDF (for teacher) - Sample Beethoven Ode to Joy**
- **Mindful Music MP3 file - Sample Ode to Joy**

LESSON PLAN: Clapping Syllables, Finding Tempo

PLAN/PROCESS:

1. Students will work on clapping and counting syllables with the Circus Hand Out
2. Students will listen to Ode To Joy and clap the tempo
3. Students will listen to some of the words in the PDF about Ode to Joy and clap and count the syllables in words including: Ode. To. Joy. Beethoven. Ludwig van Beethoven. BONUS: Cincinnati Symphony Orchestra. Mindful Music Moments.

ASSESSMENT:

- Students will participate.
- Students remain engaged in all parts of the activity. If they do not choose to read, they are engaged as listeners.

EXTENSION—MINDFUL CONNECTING, ATTUNING TO SELF AND OTHERS

1. Students pair up and clap the words out between them, like playing a clapping game. First, they clap without touching, moving very very slowly. Then they move medium speed. Then they move faster yet without making the movement like hitting - so very controlled, like playing an instrument.

Submitted by Stacy Sims, Founder, True Body Project